

PACKIST

4D3N Thailand Koh Samui Total Self Care + Yoga Core Cycle (4 Star Samahita Retreat)



Code: PR201907114086

Itinerary



Day 1 • Check In Samahita Retreat : 4 • Dinner

- Upon arrival, check-in hotel
- Free at your own leisure at Samahita Retreat
- Enjoy dinner buffet

Day 2 • Check In Samahita Retreat : 4 • Breakfast, Lunch, Dinner



- Breakfast will be served in the hotel
- Attend an optional - Yoga/ Core/ Cycle class (up to 5 hours per day)
- Enjoy lunch buffet
- Optional Wellness Therapies {Select one from the following scrubs and skin treatments}
 - Body Scrub & Wrap/ Manual Lymphatic Drainage (MLD)/ 3-in-1 Infrared Sauna Therapy
- Enjoy dinner buffet



Day 3 • Check In Samahita Retreat : 4 • Breakfast, Lunch, Dinner

- Breakfast will be served in the hotel
- Attend an optional - Yoga/ Core/ Cycle class (up to 5 hours per day)
- Enjoy lunch buffet
- Optional Wellness Therapies {Select one from the following massages, and facials}
 - Therapeutic Massage/ Deep Tissue Massage for Upper Body/ Deep Tissue Massage for Lower Body/ Aromatherapy Massage/ Sabai Massage/ Traditional Thai Massage/ Foot Reflexology Massage/ Chi Nei Tsang Abdominal Massage/ Galvanic Facial Treatment/ Herbal Facial Treatment
- Enjoy dinner buffet



Day 4 • Check-out • Breakfast

- Breakfast will be served in the hotel
- Check-out for your next journey.

Inclusion

- 3 nights accommodation at 4 star Samahita Retreat
- Optional Yoga Core Cycle + Wellness Therapies {Select one from the following massages, facials, scrubs and skin treatments}
 - Therapeutic Massage/ Deep Tissue Massage for Upper Body/ Deep Tissue Massage for Lower Body/ Aromatherapy Massage/ Sabai Massage/ Traditional Thai Massage/ Foot Reflexology Massage/ Chi Nei Tsang Abdominal Massage/ Galvanic Facial Treatment/ Herbal Facial Treatment/ Body Scrub & Wrap/ Manual

Lymphatic Drainage (MLD)/ 3-in-1 Infrared Sauna Therapy

- Yoga and Fitness Program
- Fully equipped accommodation (A/C, fridge, kettle, hairdryer, safety box)
- Breakfast, Lunch and dinner buffet meals
- Mineral drinking water
- Welcome drink upon arrival
- Herbal steam room from 6.00pm-8.00pm
- Salt water swimming pool
- Wi-Fi internet
- 10% Service Charge
- Applicable Government Tax (VAT)

Exclusion

- All airfares and airport taxes
- Travel Insurance
- Relevant entry Visa
- Relevant entry Visa (if applicable)
- Peak season surcharge (If applicable)
- Optional tour, meals, cigarettes, wines, mineral water, laundry, telephone bill or expenses of personal nature and etc.

*We provide Travel Visa & Travel insurance. Contact us at [facebook](#) or [whatsapp](#).

PACKIST